



Nihongo

Perapera

Newsletter

日本語ぺらぺらニュースレター

It's the 4th anniversary of the
ぺらぺらニュースレター!

For the Language Lovers!

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Nihongo (Japanese), Perapera (fluent), Newsletter.

Once a month language-focused newsletter designed for both new and seasoned Japanese learners to use as a resource for study.

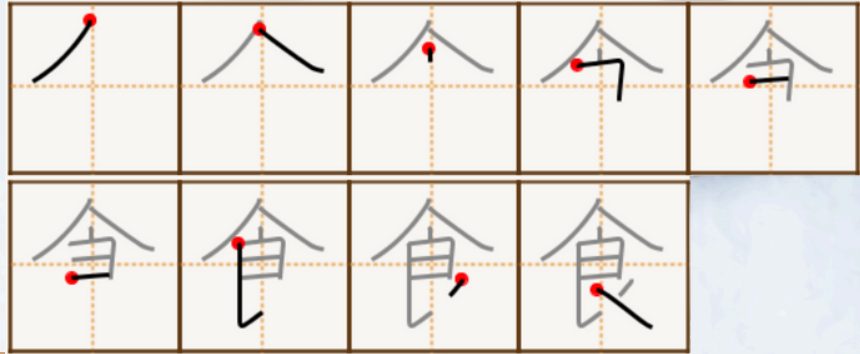
Let's study! 勉強(べんきょう)しましょう!

今月の漢字

eat

食

訓読み: た(べる), く(う), は(む)
音読み: ショク, ジキ



9 strokes

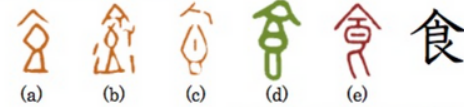
Associated Common Words

間食 (かんしょく) - eating between meals

断食 (だんじき) - fasting

食べ放題 (たべほうだい) - all-you-can-eat

History of Kanji 食



Noriko K. Williams ©2017

四字熟語 - よじじゅくご (4 Character Idiom)

いしょくどうげん
医食同源

A balanced diet leads to a healthy body; healthy food both prevents and cures sickness

Example

ビタミン剤ばかり飲んでいないで、「医食同源」という言葉にもあるように、毎日の食事に気を使ったほうがいいよ。

Bitamin zai bakari nondeinaide, "ishokudougen"

to iu kotoba ni mo aru you ni, mainichi no shokuji ni ki wo tsukatta hou ga ii yo.

Rather than just taking vitamins, you should pay attention to your daily diet, [because] as the saying goes, "a balanced diet leads to a healthy body."

ことわざ (proverb)

おな かま めし く
同じ釜の飯を食う

To eat out of the same pot; to be close friends who share a life; to be together through thick and thin

Example

田中さんとは高校時代、同じ野球部で寮の部屋も一緒だった。同じ釜の飯を食った仲間だから、20年経った今でもとても仲がいい。

Tanaka-san to wa koukou jidai, onaji yakyuubu de ryou no heya mo issho datta. **Onaji kama no meshi wo kutta** nakama dakara, nijyuu nen tatta ima demo totemo naka ga ii.

In our high school days, because Tanaka-san and I were such close friends through both the good times and the bad, being on the same baseball team and [living in] the same dorm room, even after 20 years we still have a very good relationship.

**日本を旅しよう! -Exploring Japan-
高知県 (こうちけん) - Kochi Prefecture**



Fast facts!

-Kochi is the largest but least populated of Shikoku's four prefectures and occupies most of the southern half of Shikoku

-Much sightseeing in this prefecture revolves around water, whether it's fishing, waterfall viewing, riverside camping, or white water rafting in any of Kochi's main rivers (the Shimanto, Niyodo, and Monobe rivers), or surfing at Ikumi and Irino beaches

-The Irino coast is also a good spot for whale watching

-**Cape Ashizuri**, a headland at the southernmost point of Shikoku in Tosashimizu, is another popular spot whose 270 degree views allow visitors to actually see the curvature of the Earth

-Check out the [August 2023](#) and [May 2024](#) issues of our Perapera Newsletter to learn more about Kochi Prefecture!



Dialect Discovery

高知弁 - こうちべん

- あがいに (againi; that kind of) あのように
- いんげの (ingen; no, thank you) こちらこそ
- おいでる (oideru; to go/to come) いく・くる
- こまい (komai; small) ちいさい

To read about JET Alum Mac's experience living and teaching in Kochi Prefecture,

[click here!](#)



JSB Meets JET Alumni
Mac Gill!



牧野植物園 Makino Botanical Garden

The Makino Botanical Garden in the city of Kochi opened to the public in 1958, and is in the honor of a local botanist named Tomitaro Makino (1862-1957), originator of the publication *Botanical Magazine Tokyo*. Of the 3,000 different plant species on display, many of them were discovered by Dr. Makino. It is particularly famous for its beautiful rolling slopes.

クイズタイム!

1. 病気 () ので、今日は授業を休みます。

I will stay home from class today because I'm ill.

a. な b. だ c. がある

2. () すぎないほうがいいですよ。

It is best not to over-eat.

a. 食べる b. 食べた c. 食べ

3. もうすぐお客さんが来るので、そろそろ () の準備を

しよう。

a. 食べ物 b. 食卓 c. 食事



☆農耕

Since the beginning, agriculture (農耕 - noukou) has always been central to Japanese society and culture.

Despite historically living in poverty, farmers occupied a higher status in the social hierarchy of the feudal era than merchants and artisans, and many of Japan's most popular and famous festivals are historically centered around the harvest of rice. Today, Japan is the twelfth largest producer of rice in the world (source: USDA 「World Markets and Trade」)!

Harvest Vocabulary - 農耕の単語!

- | | |
|--|------------------------------|
| 農耕 (のうこう) - Agriculture (excluding livestock farming) | 水田 (すいでん) - Rice paddy |
| 農業 (のうぎょう) - Agriculture (including livestock farming) | 稲作 (いなさく) - Rice farming |
| 農家 (のうか) - Farmer, Farmhouse | 豊作 (ほうさく) - Abundant harvest |
| 田植え (たうえ) - Rice planting | 収穫 (しゅうかく) - Harvest |

This issue of the Perapera Newsletter is sponsored by [Quick USA, Inc.](#) Read on for special extra Japanese language content!

Biz 日本語・日本文化

There are many Japanese expressions that are commonly used in Japanese business settings that are not often used in everyday conversation. This time we will introduce one of the most used phrases.

のみニケーション (Nominication)

“Nominication” is a Japanese portmanteau of the words “nomu” (to drink) and “communication.” It refers to the practice of building good relationships by socializing over drinks with colleagues or business partners. This practice is considered important for fostering camaraderie and improving workplace relationships.



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BUSINESS

にほんご

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